



So All May Know Joy

BUMC Weekly Connection—July 16

This Sunday, July 18 @ 9:00 am

Also on Buffalo United Methodist Church's Facebook Page, Twitch & YouTube!

This Sunday - Cry Out to God for Help

Lament is a natural part of the human experience, the express of dismay, need, or sadness. Even Jesus cried out in lament to God. The psalms contain some of the most colorful expressions of lament in the Bible. As we learn to pray the psalms, we can find new expression for the depths of our human experience.

— SUMMER IN THE —
PSALMS
Cry Out to God
for Help



Sunday Scripture

O LORD, don't rebuke me in your anger or discipline me in your rage. Have compassion on me, LORD, for I am weak. Heal me, LORD, for my bones are in agony. I am sick at heart. How long, O LORD, until you restore me? Return, O LORD, and rescue me. Save me because of your unfailing love. For the dead do not remember you. Who can praise you from the grave? I am worn out from sobbing. All night I flood my bed with weeping, drenching it with my tears. My vision is blurred by grief; my eyes are worn out because of all my enemies. Go away, all you who do evil, for the LORD has heard my weeping. The LORD has heard my plea; the LORD will answer my prayer. May all my enemies be disgraced and terrified. May they suddenly turn back in shame. Psalm 6 (NLT)

Sunday Fellowship Time

Please join us after worship this Sunday and every Sunday in the Fellowship Hall for coffee & treats. If you are interested in helping out and serving for Fellowship time, sign up today on the bulletin board.

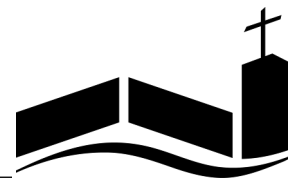


— SUMMER IN THE —
PSALMS
Turn to God
for Forgiveness



Next Sunday — Turn to God for Forgiveness

Confession has fallen out of popular use, both in public life and in the church. But confession has always been a key practice for sustaining a penitent heart, a heart ready to be reconciled with God and others. Psalm 32 and 51 describe in colorful ways the price of abandoning penitence, the virtue of confession, and the power of God to restore us.



Other Ministry Updates

Psalms Fun Facts

Test your Bible knowledge by trying to answer these questions. We'll pose different questions each week in the Weekly Connection, with the answers revealed in worship the following Sunday (we'll also include answers from last week's questions in the Connection). You're encouraged to use your Bibles or the internet if you don't know the answers!



1. Which is the shortest psalm, with only two verses?
A. Psalm 24 B. Psalm 56 C. Psalm 117 D. Psalm 118
2. Which is the longest psalm, with 176 verses?
A. Psalm 13 B. Psalm 119 C. Psalm 25 D. Psalm 32

Last weeks answers:

1. The Word "psalm" comes from the Hebrew word meaning: **B. Song**
2. Which of the following is not a category of psalm in the Bible? **D. Psalms of Jubilation**

BUMC Fun Night-July 21 at 6pm

ALL ages are invited to join us outside in the church parking lot/park area for the Cornhole Tournament or play another outdoor game of your choice. We'll have Bocce Ball, hula hoops, Bunkerball, Spikeball, Kubb

and more, including our very own Pastor Bill giving basic juggling lessons! Bring your skills or cheer on the opponents! Either way, it will be an evening of outdoor fun and fellowship!

July 28—Water, Water Everywhere! Water balloons, water games, and Pastor Bill in a dunk tank!



Confirmation Table Leaders Wanted

Pastor Bill and Jan Heyerdahl are looking for two adults to participate in our Wednesday night



Confirmation program. The role of the Table Leader is to sit with a small group of our students and lead small-group discussions. There are 17 such nights scheduled during the school year during our regular meeting time of Wednesdays, 6:00-7:30pm. Pastor Bill participates in the class as well as Jan Heyerdahl, our main teacher. We have a roster of substitute Table Leaders in the event you have a schedule conflict. Our Table Leaders in the past have valued the chance to get to know our youth better. We have a well-defined curriculum with workbooks, so don't feel you have to have a great deal of knowledge to serve in this way. Please talk to Pastor Bill for more information.

- July 18** 9:00 am Worship Service In-person & online
10:00 am Fellowship Time
1:00 pm Kris Carlson Memorial
- July 20** 7:00 pm SPRC Meeting
- July 21** 9:30 am Reading in the Park
6:00 pm Fun Night - Outdoor games
- July 24** 10:00 am Ivan & Janice Erickson Funeral
2:30 pm Willard Kreitlow Celebration of Life—Bertram Park
- July 25** 9:00 am Worship Service In-person & online
10:00 am Fellowship Time

Help Teach or Assist with Sunday School!



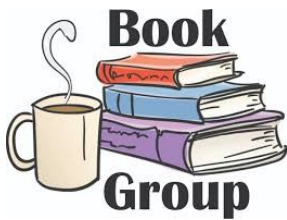
Do you have any interest in being a SS co-teacher, substitute or helper this Fall? Pray about this ministry and let us know if you feel called to serve as a teacher or classroom helper. Please let Debbie Bishop know if you are interested in helping in any way!



Other Ministry Updates

BUMC Book Groups

Two books have been suggested as very good books to read for our BUMC book groups. One is, *Before We Were Yours* by Lisa Wingate and the other is, *American Dirt* by Jeanine Cummins. *Before We Were Yours* is based on the



heartbreaking true scandal of Georgia Tann, a woman whose Memphis adoption center kidnapped and sold poor children to wealthy families. Authors praised the novel for its “heart-

racing” and shocking tale of struggle, hope, and redemption. *American Dirt* is an urgent, blistering, unforgettable book. In her portrayal of Lydia and Luca, a mother and son forced to leave their Mexican home, Jeanine Cummins has given face to migrants everywhere who flee violence and near-certain death in search of only one thing: a chance at life.

Would you be willing to have the book group come to your home or gather the group at church? There are sign up sheets on the bulletin board at church where you can indicate your interest to participate in these book groups and to also be a host if desired. You can also contact Rita Varner-Otness at 763-682-5256.

Nursery Attendant Wanted

BUMC is hoping to resume offering a Sunday morning nursery



soon, but before we do that, we need to hire a Nursery Attendant. The hours are currently 8:30 -10:30 each Sunday morning, and the pay is \$14.25/hour. This could be a summer gig or be a more permanent hire, depending on your interest and fit. Now that we’re live streaming, you can even watch the worship service in the nursery! Let Michelle know if you’re interested.

Children’s and Family Ministry Coordinator



The SPRC had begun a search for a new Children’s Ministry Coordinator, with an emphasis on developing a strong return to in-person ministries for the fall. If you’re interested in exploring the possibility of serving our families in this

way, please contact Debbie Bishop, Ministry and Worship Coordinator. [Click here for a current job description and application.](#)

Upcoming Celebrations of Life

July 18, Kris Carlson
Informal reception,
1-3pm at Church

July 24, Ivan and
Janice Erickson **10am**
Funeral, **9am**

Visitation at Church

July 24, Willard Kreitlow (**2:30pm** at Bertram Park, contact Mariénne Kreitlow)

August 7, Dana Sampson (**11am, visitation at 10**)
September 11, Carolyn McCandless (Ruth Vail’s sister) (**11am, visitation at 10**)



FREE Summer Reading in the Park is Underway!

Our Summer Reading in the Park program continues each **Wednesday from 9:30 – 10:30 am** through August 25. Each week a guest reader shares a favorite book and then other fun activities are planned around the theme of the book. Please help spread the word!!

Blankets for Beds

Donate new or gently used blankets/linens by calling the church office for drop off. The need is still great.

Don’t Forget Our Little Free Library!

Our Little Free Library down by the playground continues to be well used. Remember, you can place books for children or adults in it at any time, and perhaps take a book home to read!